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Essential Oils for Allergies: Your Complete Guide to Alleviating Common Allergies with the Use of Essential Oils (Paperback)

By Emily Walters

Createspace, United States, 2015. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. DISCOVER THE HEALING POWERS OF ESSENTIAL OILS AND COMBAT ALLERGIES NATURALLY AND EFFECTIVELY STARTING TODAY For many people allergies are a major health issue, and living with them can be challenging or even depressing. Our modern pharmaceutical industry has provided us with a multitude of allergy relief options, but for many those options remain unsatisfactory due to the associated side effects. Thankfully, we live in a time when natural remedies are beginning to gain as much credibility as their pharmaceutical counterparts, and aromatherapy is part of this movement. Aromatherapy and essential oils are valuable and effective healing components that can help you regain control of your allergies and your overall health, with the added benefit of smelling wonderful. Aromatherapy uses the powerful, healing pure essences of plants to help bring the body back into balance, and not only ease allergy symptoms, but potentially reduce the body's response to them. Each oil has its own unique properties that it uses to heal and train the body to realign itself and support the proper function of the immune system....



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