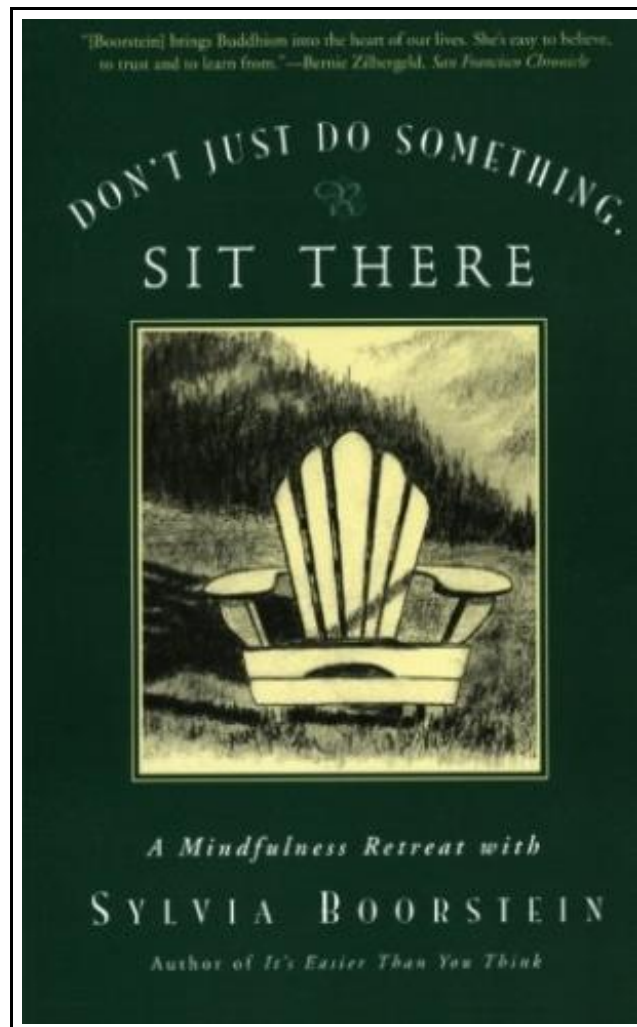


Don't Just Do Something, Sit There: A Mindfulness Retreat with Sylvia Boorstein



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(Mitchell Kuhn III)

DON'T JUST DO SOMETHING, SIT THERE: A MINDFULNESS RETREAT WITH SYLVIA BOORSTEIN



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