



Jesus in the Lotus: The Mystical Doorway Between Christianity and Yogic Spirituality

By Russill Paul

New World Library. Paperback. Book Condition: new. BRAND NEW, Jesus in the Lotus: The Mystical Doorway Between Christianity and Yogic Spirituality, Russill Paul, When Russill Paul was nineteen years old, growing up in a Christian household in India and practising to be a professional musician, he fell into a deep depression. After suffering a motorcycle accident that led to a spiritual crisis, Russill decided to become a monk under the tutelage of mystic sage Bede Griffiths, a renegade Benedictine monk who was one of the first spiritual teachers to synthesize two of the greatest and most ancient religious traditions, Christianity and Hinduism, into a daily spiritual practice and philosophy. In "Jesus in the Lotus", Russill tells the story of how his heart opened to Bede's teachings and how they became the basis for his life's work. He then presents for readers twelve steps of the spiritual journey, what he calls a pathless path that draws on the wisdom of Christianity and the spiritual teachings of yoga for a holistic daily spiritual practice. Russill offers these twelve steps as a balm to spiritual yearnings and dissatisfaction with secular life, showing that at the heart of seemingly opposing religions is actual a...



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