



## Wild Rice: An Essential Guide to Cooking, History, and Harvesting

By Susan Carol Hauser

Skyhorse Publishing. Paperback. Book Condition: new. BRAND NEW, Wild Rice: An Essential Guide to Cooking, History, and Harvesting, Susan Carol Hauser, The Ojibwe people call wild rice "mahnomen," the good berry. Wild Rice elaborates on the many elements of that tradition, and brings it forward in fresh, delectable recipes. This comprehensive guide to Zizania palustris tells the story of North America's only native grain, from its emergence in the western Great Lakes area to its use in today's kitchens. The book demystifies the purchasing of wild rice--black or brown, long grain or short grain, lake rice or river rice, US rice or Canadian rice--clarifies cooking options, and proposes wild rice as a fast food (cook a full pound and freeze in small packets). The recipes range from simple soups to gourmet entrees and food for a crowd. Traditionally, wild rice was harvested from canoes and parched in iron kettles over open fires. Although these old ways are still practiced, much of today's wild rice is cultivated in flooded fields--rice paddies--in the Upper Midwest and in California, and is harvested with combines and processed with machinery. The question arises: Which is better-tasting and more nutritious--naturally occurring wild rice or cultivated wild...

DOWNLOAD



 **READ ONLINE**  
[ 4.96 MB ]

### Reviews

*This composed book is great. It is actually loaded with wisdom and knowledge. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- **Lucious McDermott**

*The publication is fantastic and great. It can be rally exciting through reading period of time. I am just very happy to inform you that this is the greatest publication i actually have read in my very own daily life and could be the very best ebook for at any time.*

-- **Prof. Alvis Wuckert**

## Other Kindle Books



### **Help! I'm a Baby Boomer (Battling for Christian Values Inside America's Largest Generation)**

Victor Books, 1989. Trade Paperback. Book Condition: New. Second Printing. 8vo - over 7¾" - 9¾" Tall. Buy with confidence from "Your neighborhood book store, online (tm) - Since 1997 delivering quality books to our neighbors, all around the world!.



### **The Goblin's Toyshop**

Octopus Publishing Group. Paperback. Book Condition: new. BRAND NEW, The Goblin's Toyshop, Enid Blyton, A magical selection of short stories including The Little Chatterbox, The Very Strange Pool, The Enchanted Button and Porridge Town. Each tale contains charming and loveable characters and...



### **Too Old for Motor Racing: A Short Story in Case I Didn't Live Long Enough to Finish Writing a Longer One**

Balboa Press. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. We all have dreams of what we want to do and who we want to become. Many of us eventually decide it is too late; we have missed...



### **Good Tempered Food: Recipes to love, leave and linger over**

Clearview. Paperback. Book Condition: new. BRAND NEW, Good Tempered Food: Recipes to love, leave and linger over, Tamasin Day-Lewis, Slow-cooked food and what the author likes to call 'good tempered food', is what proper cooking is all about. In fact, it's the...



### **Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success**

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How can inclusive early educators plan and deliver...



### **Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)**

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition), Theresa Casey, 'Theresa's book is full of lots of inspiring, practical, 'how to go about it ideas' coupled with...