



## How to Control Asthma and Allergy

By Rajeev Sharma

New Dawn Press. Paperback. Book Condition: new. BRAND NEW, How to Control Asthma and Allergy, Rajeev Sharma, The most common problems afflicting people in the modern world are asthma and allergies. The book offers an insight into the basic causes and types of asthma and allergies and how they can be best dealt with. The book provides multiple treatment options to choose from - allopathy, acupressure, acupuncture, magnet therapy, ayurveda, homeopathy and nature cure. Written in a simple and lucid style, this book includes objective questions which can help people to ascertain whether they are potentially asthmatic and whether they are allergic to certain conditions of nature, drugs and food.



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