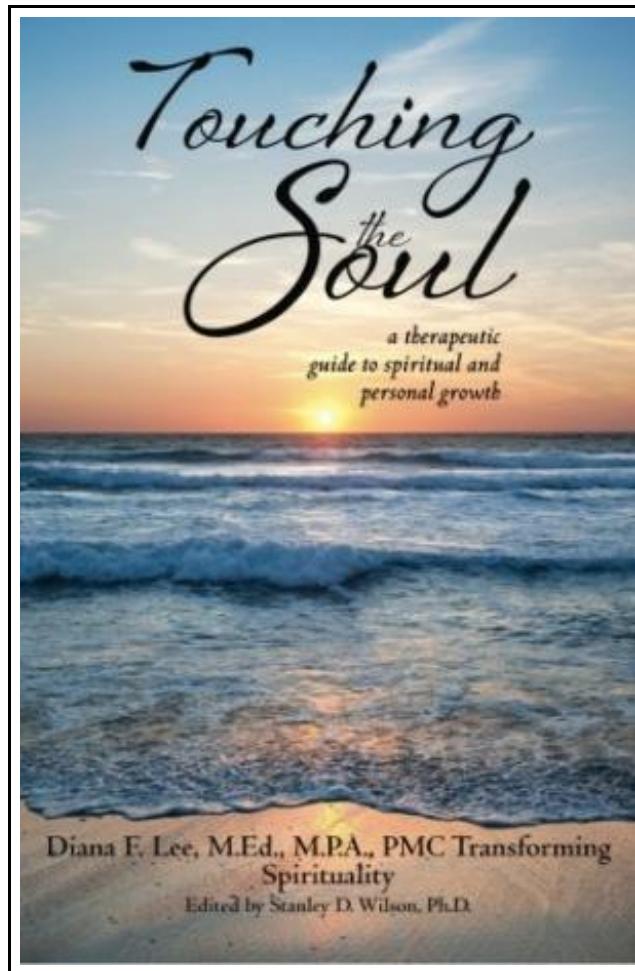


Touching the Soul (a Therapeutic Guide to Spiritual and Personal Growth)



Filesize: 5.47 MB

Reviews

This book will not be simple to get going on reading but extremely exciting to read through. Yes, it can be play, still an interesting and amazing literature. I am very easily could possibly get a delight of reading a written book.
(Rene Olson)

TOUCHING THE SOUL (A THERAPEUTIC GUIDE TO SPIRITUAL AND PERSONAL GROWTH)

[DOWNLOAD PDF](#)

Createspace. Paperback. Book Condition: New. This item is printed on demand. Paperback. 56 pages. Dimensions: 8.5in. x 5.5in. x 0.1in. Touching the Soul provides a positive, practical how-to guide to help readers learn a new spiritual imagery counseling technique to heal the soul. Readers will find this book easy to follow and inspiring. By numbering the steps in the processes, it breaks down a very complex technique into clear and manageable steps, making it easy for counselors, pastors, chaplains, spiritual directors, or psychologists (even those who are beginners) to apply the spiritual imagery in their own practices for individual or group therapy. The tone is conversational and welcoming, and the anecdotes and case study add a friendly, down-to-earth touch. Readers from a wide variety of spiritual backgrounds can use the book. This book is borne of working with grief in a way that honors the natural self-regulation of emotion (Blessed are they that mourn, for they shall be comforted Matt. 5: 4). Many clients come into counseling angry with God or their Higher Power either for what has happened or because their fervent prayers went seemingly unanswered. They experience a grievance with God and have not forgiven God for disappointing them. Counseling under such circumstances is typically associated with depression, anxiety, post-traumatic-stress-disorder, or all of the above. Some clients have done previous work on these issues, but remain stuck on anger, shame, guilt, or lack of ability to forgive others. These larger issues almost always come tinged with low self-esteem, distrust, and a sense of purposelessness or meaninglessness or both. This technique moves clients beyond where they have been stuck to a more productive and happy life. This item ships from La Vergne, TN. Paperback.

[Read Touching the Soul \(a Therapeutic Guide to Spiritual and Personal Growth\)](#)[Online](#)[List icon](#) [Download PDF Touching the Soul \(a Therapeutic Guide to Spiritual and Personal Growth\)](#)

Relevant eBooks



Kindergarten Reading Stick Kids Workbook Stick Kids Workbooks

Creative Teaching Press. Paperback. Book Condition: New. Paperback. 56 pages. Dimensions: 8.8in. x 6.4in. x 0.3in.Every day your child is acquiring skills needed for entry into the world beyond family and home. Arrival at school...

[Read eBook »](#)



Phonics Fun Stick Kids Workbook, Grade 1 Stick Kids Workbooks

Creative Teaching Press. Paperback. Book Condition: New. Paperback. 56 pages. Dimensions: 8.8in. x 6.4in. x 0.3in.Learning to read is a fun and exciting time in a childs life, and being able to decode words is...

[Read eBook »](#)



Patterns and Sequence Stick Kids Workbook, Grade K Stick Kids Workbooks

Creative Teaching Press. Paperback. Book Condition: New. Paperback. 56 pages. Dimensions: 8.8in. x 6.4in. x 0.2in.Knowledge of patterns enables us to make predictions and solve problems. Noticing patterns in nature and in home routines and...

[Read eBook »](#)



The Day I Forgot to Pray

Tate Publishing. Paperback. Book Condition: New. Paperback. 28 pages. Dimensions: 8.7in. x 5.8in. x 0.3in.Alexis is an ordinary five-year-old who likes to run and play in the sandbox. On her first day of Kindergarten, she...

[Read eBook »](#)



DK Readers Animal Hospital Level 2 Beginning to Read Alone

DK CHILDREN. Paperback. Book Condition: New. Paperback. 32 pages. Dimensions: 8.9in. x 5.8in. x 0.1in.This Level 2 book is appropriate for children who are beginning to read alone. When Jack and Luke take an injured...

[Read eBook »](#)