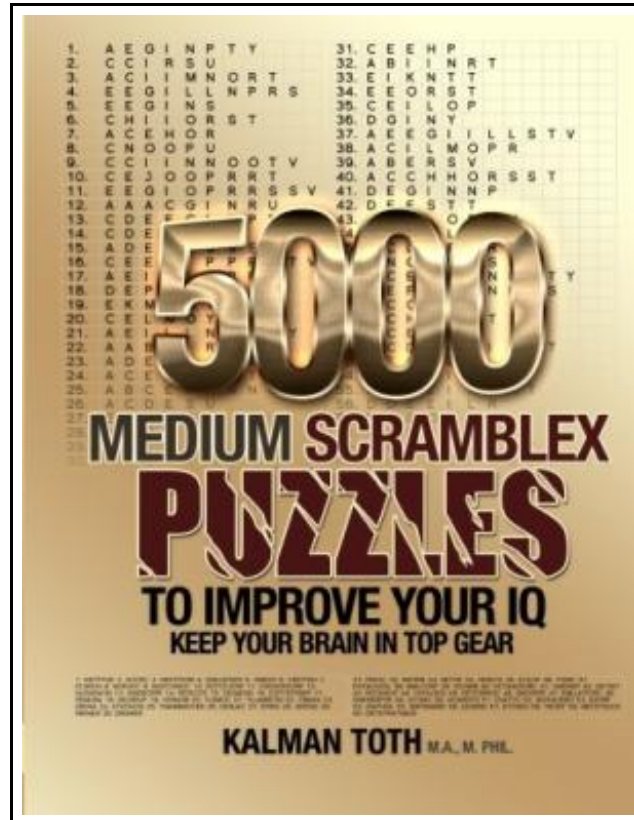


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Reviews

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5000 MEDIUM SCRAMBLEX PUZZLES TO IMPROVE YOUR IQ



Paperback. Book Condition: New. Paperback. 262 pages. As indicated on the cover, this book contains five thousand medium - including long, grade school level spelling words - Scramblex puzzles. Medium and easy Scramblex puzzle books are also available. Scramblex puzzles are unscrambling word games. All the letters in a word are given, but out of order in ABC sorting. The goal is to unscramble the letters and find the hidden word. Each Scramblex in this book contains five to ten letters. There are twenty puzzles on each page with the answers in reverse order at the bottom of the page. Overall Benefits of Solving Word PuzzlesImproved Effective IQThe title indicates that these Scramblex puzzles are designed To Improve Your IQ. Intelligence Quotient - IQ - is a scientific assessment of your intelligence. Your IQ is determined by measuring your problem solving abilities, memory, general knowledge, and spatial imagery. The average God-given IQ of an adult is 150. It cannot be increased by medical science, because of the microbiology of the brain. It can, however, be improved. The average effective (day-to-day) IQ is only 100-110, mostly due to neglect - lack of brain exercises. Therefore, if you exercise your brain, you can increase your effective IQ. Word puzzles, such as Scramblex, provide the necessary mental activity. Mental ExerciseWord puzzles help expand vocabulary, strengthen word recall, and improve memory. You do not realize while you are working puzzles that you are using thinking skills. Your brain learns new skills and acquires knowledge throughout your life. Mastering puzzle-solving skills improves your thinking. Scramblex puzzles will improve your focus and attention. When you are working on a puzzle, you need an environment that is relatively free of distractions. Puzzle solving is a solitary activity. The concentrated attention you must give to the solution of...



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